



Painting: Pedro Serra, XlVe, Church of Manresa, Spain

Cenacle Time

Prayer during the Day from Ascension Day until the Pentecost

We enter this Cenacle time and place, united around Mary, Our Lady of the Cenacle, our Mother, recalling, as in that first Cenacle, how the Apostles and friends of Jesus were gathered together around her.

With her they remembered and pondered in their hearts the words, deeds and promises of Jesus as they waited in Faith for the Holy Spirit who sent them to the ends of the earth.

What a powerful mystery we have been called to participate in, to surrender into, and to be embraced by!

Like the disciples and the Apostles gathered in the Upper Room, who persevered steadfastly in prayer with the women and Mary, the Mother of Jesus, let us open our hearts to the Holy Spirit and ask his light and his strength for the Church and the world, for ourselves and for those to whom we are sent.