



Holyday of Sainte Thérèse Couderc



1

I want to see God.

Is it possible ? Only after death ? From today ?

Here are some answers from a text of Ste Thérèse Couderc. (1805-1885)

She wrote : « God is good, he's more than good, he is Goodness »

And she draws the following conclusion :

" The goodness of God... infinite goodness, uncreated goodness, source of all goodness !

And without which, there would be no goodness, neither in men, nor in other creatures ... I **saw** this word Goodness written as in golden letter ... I **saw** it ... written on all creatures, animate and inanimate, reasonable or not, all bore the name of goodness, I even **saw** it on the chair that I used to pray.

I understood then that all that these creatures have of good and all the services and the help that we receive from each of them is a benefit that we owe to the goodness of our God, who communicated to them something of his infinite goodness. , so that we **meet** it in everything and everywhere."

2

Watch and listen to



Here she gives us a strong text that we could summarize by saying: God is in the chair ! I can see it in the goodness that a chair represents, the goodness of those who made it, the goodness of God who is at the source of this goodness.

So I can see God in all that is good in our world, things, people... see God.

Suddenly, this “seeing God” becomes huge. See him wherever there is goodness. See God in the clothes I wear, in the house where I live, in the food I eat... etc. etc. for there is goodness of those who made them, goodness which has its source in God. See God.

At the end of a day, remember: Where have I seen God? I saw it on faces, in every act of kindness, in every good thing ... Huge !

In writing this text, Thérèse Couderc joins the great Ignatian tradition for which access to God passes through the mediation of the real, the most concrete, the world.

Find it and see it in the concrete of the world.

prayer proposed by par Sr Michèle Jeunet.

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